



Republic of the Philippines
Department of Education
 REGION II - CAGAYAN VALLEY
 SCHOOLS DIVISION OF BATANES

08 May 2023

DIVISION MEMORANDUM

No. 137, s. 2023

**SCHEDULE OF LABORATORY TESTS OF SDO PERSONNEL UNDER BATANES
 GENERAL HOSPITAL WELLNESS PROGRAM**

To: Assistant Schools Division Superintendent
 Chief Education Supervisors
 Education Program Supervisors
 Elementary and Secondary School Heads
 All Others Concerned

1. The Batanes General Hospital (BGH) has approved the request of this Office to include the qualified personnel to their Wellness Program. Beneficiaries of this program includes personnel of the Division Office, teaching and non-teaching personnel of the schools who have not availed the program yet.
2. Part of the program is the conduct of screening of diseases through diagnostic procedures, which includes *Laboratory tests (CBC w/ PC, FBS, Lipid Profile, BUN, Creatinine, AST/SGOT, ALT/SGPT, and BUA), Chest X-ray, Whole Abdominal Ultrasound*, and medical consultation at the BGH Out-Patient Department. All services in the program are free of charge.
3. Attached in this memorandum is the schedule of the diagnostic procedures of the SDO employees at BGH from May 14, 2023 to June 2, 2023
4. For the information and guidance of all concerned.

ALFREDO B. GUMARU JR. EdD, CESO V
 Schools Division Superintendent

For the SDS:


GEORGANN G. CARIASO
 Assistant Schools Division Superintendent



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Doc Code:	FM-ORD-005	Rev:	00
As of:	Jul 2, 2018	Page:	1

Encl:

Schedule of Laboratory tests
Instructions for Diagnostic Tests

To be indicated in the Perpetual Index
Under the following subjects:

HEALTH
PERSONNEL

SGOD/myn/gdac



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Doc Code:	FM-ORD-005	Rev:	00
As of:	Jul 2, 2018	Page:	2

SCHEDULE OF LABORATORY TEST: MAY 14 – JUNE 2, 2023

MAY 14 (SUNDAY)	MAY 15 (MONDAY)	MAY 16 (TUESDAY)
1. GALASINAO, Anna Liza R.	1. GUMARU JR., Alfredo B.	1. GONZALES, Sharon V.
2. CARTAÑO, Zoe Dymrna H.	2. CARIASO, Georgann G.	2. DE SAGON, Fairley B.
3. ALASCOS, Elena C.	3. CABIZON, Nona Myrah P.	3. TALOSIG, Jemar T.
4. ALAVADO, Imelda C.	4. BATALLONES, Elmer A.	4. BALLE, Nathalie Joyce C.
5. AQUINO, Lynhna C.	5. GERONIMO, Elena V.	5. BAYARAS, Carl Angelo
6. BERONQUE, Gayle I.	6. CASTELLON, Emerita D.	6. MERINA, Leslie Joy
7. CABALLERO, Regine	7. PUÑO, Araceli C.	7. ARCA, Mary Joan B.
8. CULTURA, Lourdes A.	8. PONCIO, Maphe G.	8. PONCIO, Cristina
9. GABOTERO, Angeline Cheryl A.	9. VALIENTE, Jennilyn C.	9. BERONQUE, Raiza V.
10. HABANA, Catherine V.	10. VINALAY, Virginia A.	10. NOGUERA, Marcial Y.
11. HONTOMIN, Vanessa A.	11. BALDOVINO, Richard A.	11. HORTIZ, Arnulfo Anselm C.
12. NANUD, Mark Ryan C.	12. BAYARAS, Felix B.	12. CARIASO, Oliver R.
13. NG, Elvira A.	13. DONATO JR, Jose M.	13. GERONIMO, Ayryne
14. VILLANUEVA, Juana C,	14. GECHA, Charle H.	14. BUENAFE, Miah Daphnie
15. RAMOS, Roldan C.	15. CAMAYA, Joel F.	15. TRILLANA, Jonas Carlo F.
16. ACOSTA, Byan Akeen L.	16. VARGAS, Pierce John A.	16. VALIENTE, Glyza Mae
17. AUMENTADO, Glaiza M.	17. ESCALONA, Shirley V.	17. GIMENEZ, Fred V.
18. CALIJA, Mariflor	18. GUTIERREZ, Shirley L.	18. ERIFUL, Dencio G.
19. BERONQUE, Jennifer D.	19. EREFUL, Ma. Esperanza B.	19. GARRIDO, Jeriche Mel
	20. YDEL, Shiela H.	20. PACAPAC, Mae Angela E.
	21. ZABALA, Emma	21. CALOSA, Grentt Dale A.
	22. FAJARDO, Nida C.	22. CASTILLO, Kathleen E.
		23. BALDOMAR, Karen

MAY 17 (WEDNESDAY)	MAY 18 (THURSDAY)	MAY 19 (FRIDAY)
1. COBICO, Jocelyn A.	1. VALDEZ, Dennis B.	1. ALASCO, Ronald Oswald G
2. DELOS SANTOS, Jack James I.	2. QUIANZON, Jerrilyn C.	2. ALMEYDA, Violeta A.
3. NOBLEJAS, Xantifa M.	3. ESTOY, Liza D.	3. ALMEYDA, Geraldine B.
4. VILLARTA, Jaime B.	4. GONZALES, Xavier	4. CABALLERO, Syrah Maycel C
5. GASILAO, Violeta B.	5. GUISANDO, Welma V.	5. CALMA, Maryrose Charito A.
6. GONZALES, Jay V.	6. IBANES, Eva M.	6. CALMA, Myra Vita E.
7. ADAMI, Carmencita G.	7. MERIDA, Mary Grace B.	7. CALMA, Pablo Jr. B.
8. ADAMI, Felix Y.	8. VILLARTA, Ma. Kaira H.	8. CALVEZ, Margarita B.
9. BALDOMAR, Elena A.	9. LORETO, Jovencio G.	9. CANELA, Loriza B.
10. BINALON, Violeta H.	10. ESCOBIDO, Maribel L.	10. CANELA, Alejandro H.
11. CASTILLO, Evangeline D.	11. SALENGUA, Sheila C.	11. ALAVADO, Mary Anna G.
12. AGUDO, Myrna H.	12. CASTILLO, Kathy Joy M.	12. ALAVADO, Maria Suzette C.
13. ENGAY, William V.	13. BALA, Leslie H.	13. CERVILLON, Charmaine
14. MORO, Jennifer H	14. BARTILAD, Evelyn G.	14. CIELO, Grace E.
15. NICOLAS, Natalia	15. VILLARIN, Kristine B.	15. CIELO, Wienston P.
16. VALIENTE, Oswaldo A.	16. BODINO, Joelito E.	16. COVITA, Armar C.
17. BACSA, Joy Dee R.	17. AGAS, Marites R.	17. DELOS SANTOS, Alwyn Maribel F
18. ACEBES, Schneider Elinore D.	18. ALUETA, Abegail Farah B.	18. DONDON, Jamella L.
19. TUMAO, Jocil	19. BALASBAS, Claudia Felma B.	19. DUMAYAS, Erico K.
20. ZABALA, Rufa Mae	20. BANTAYAN, Angeline A.	20. ELEP, Mercelina C.
21. LAGUNDINO, Cezar		
22. ARCA, Andrew		
23. JIMENEZ, Milagros		



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MAY 20 (SATURDAY)	MAY 21 (SUNDAY)	MAY 22 (MONDAY)
1. CAMACHO , Arnel G.	1. GONZALES , Heide P.	1. BATA , Menicia V.
2. ALCANTARA , Carmen B.	2. GONZALES , Maria Letly E.	2. BUENAFE , Noel G
3. ALCAZAR , Wivina M.	3. GUTIERREZ , Mitus S,	3. CAASI , Arnel B.
4. BLANCA , Sheryl L	4. NICO , Agnes S.	4. CARIZ , , Kathleen Mae R.
5. CAMACHO , Jesusa G.	5. PONCE , Geraldine B.	5. CORDEL , Kaithlyn B.
6. CAMACHO , Carolyn S.	6. PONCE , Jessamine Marie B.	6. DE GUZMAN , Rufina H.
7. CASTILLEJOS , Eric G	7. PONCE , Rey M.	7. GABOTERO , Melona A.
8. CULTURA , Gay Anne C.	8. RUIZ , Joyce H.	8. GORDO , Alma V.
9. DE GUZMAN , Cheryl M.	9. SALENGUA , Ronnie C.	9. MILLAN , Prevelyn C.
10. DE GUZMAN , Edita A.	10. VILLA , Iza C.	10. QUILAO , Rhona Jane V.
11. DE SAGON , Jean A.	11. VILLA , Mariano S.	11. RODRIGUEZ , Melanie I.
12. ENTELE , Stephany A.	12. GATO , Delia G.	12. VENTURA , Crissa V.
13. ESTOY , Ma. Espineia C.	13. BATA , Joyce L.	13. VILLETA , Edmundo B.
14. GATO , Bernadita V.	14. BATA , Mercy	14. VINALAY , Sheila C.
15. GAZA , Glenda Rose V.	15. CASTRO , Roman L.	15. VIOLA , Kenneth E.
		16. ZABALA , John Paul
		17. ZABALA-BALANOBA , Melanie G

MAY 23 (TUESDAY)	MAY 24 (WEDNESDAY)	MAY 25 (THURSDAY)
1. UGALI , Leilani D.	1. FIDEL , Veronica B.	1. FAELDON , Aurea A.
2. ALUYEN , Romulos	2. CEBALLOS , Mary Sheila	2. FAINZA , Sixta A.
3. BALDOVINO , Algerica Emmalyn N.	3. CARBA , Amie Rose V.	3. GALANA , Eleonora A.
4. CAMACHO , Limuel V.	4. DE OCAMPO , Mary Grace A.	4. GALOLO , Cristina
5. CASTILLO , Monica	5. SALAMAGOS , Aimee C.	5. LABRADOR , Charlyn
6. CIELO , Jeannne Louraine R.	6. BONGAY , Vilma C.	6. MANANSALA , Rainer Henry C.
7. DABU , Marienet G.	7. AGUAS , Stella A.	7. PONCIO , Merry Shina R.
8. ESPAÑOL , Kaezy B.	8. ALASCO , Mary Rose C.	8. PONCIO , Rachel Ann P.
9. GARCIA , Gladys T.	9. BONGAY , Loreta M.	9. RATERTA , Clementino
10. IBAÑES , Jenward M.	10. CARBA , Kathleen Faith H.	10. QUIJALVO , Mary Grace A.
11. NOBLEJAS , Jenica Mae M.	11. CARI , Luzviminda T.	11. BALLADA , Ador R.
12. SALENGUA , Krizzalyn	12. CARIASO , Raquel A.	12. BILOG , Nida C.
13. VELAYO , Hazel M.	13. COMAYA , Bernard Allan A.	13. CARZON , Shiela C.
14. VERACRUZ , Sharlynnne Mae P.	14. COME , Evelyn F.	14. FABIA , Mary Grace A.
15. VILLARTA , Roselyn B.	15. FACURI , Ma. Victoria Y.	15. FABIA , Rhon Oliver C.



MAY 26 (FRIDAY)	MAY 27 (SATURDAY)	MAY 28 (SUNDAY)
1. GUTIERREZ , Gael R.	1. CARIASO , Thea	1. MANZO , Cesar M.
2. NOBLEZA , Zaldy M.	2. CASTILLO , Melanie V.	2. MANZO , Edward Rey A.
3. RAMOS , Mayla	3. CASTRO , Emilia D.	3. MANZO , Kleofa T.
4. ROBILLOS , May Ann B.	4. CATUBAG , Mark Makin A.	4. MANZO , Rainere M.
5. ROBILLOS , Reynard N.	5. CATUBAG , Rhea G	5. NOBLEZA , Rochelle M.
6. SALENGUA , Lyla	6. CASUE , Samson M.	6. NOLA , Maria Zarene
7. SALENGUA , Shari Ann C.	7. CULTURA , Abigaille G.	7. PONCE , Ellian C.
8. VALIENTE , Judith I	8. DABU , Efren V.	8. PONCE , Hazel E.
9. VILLA , Darcy Faye E.	9. DE CASTRO , Edralyn T.	9. PONCE , Suzara G.
10. TABUSO , Alfredo	10. ERIFUL , Valerie D.	10. PONCIO , Jonathan
11. BALASBAS , John Anthony R.	11. ERIFUL , Wilson G.	11. ROBILLOS , Lilibeth J.
12. AGUAS , John Wayne G.	12. FUGABAN , Maria Theresao L.	12. VELAYO , Jamaica C.
13. GALAROSA , Vincent	13. GARCIA , Angelica B.	13. VERANA , Philip E.
14. BATALLONES , Nelia F.	14. GARCIA , Mark Ian G.	14. VILLA , Asela G.
15. CABUGAO , Ma. Liezel E.	15. GATO , Edna C.	15. VILLA , Elizabeth P.
16. CARIASO , Felix Dorotheo F.	16. GONZALES , Joey G.	16. VILLA , Vicente E.
17. CASTILLEJOS , Christopher E.	17. GUTIERREZ , Edna L.	17. ZONIO , Analiza M.
18. CORDEL , Robert	18. GUTIERREZ , Harvey A.	18. MEDINA , Jeffrey D.
19. DE MATA , Mercy C.	19. GUZMAN , Sidney B.	19. AGCAOILI , Marites A.
20. DELA MERCED , Lewina D.	20. INTERVALO , Myrna Milagros G.	20. AGREZOR , Ronal Oswald G.

MAY 29 (MONDAY)	MAY 30 (TUESDAY)	MAY 31 (WEDNESDAY)
1. GECHA , Rita B.	1. BALASBAS , Cristeta V.	1. DUGURAN , Jose Jerold V.
2. ALASCO , Geraldine D.	2. CHALINAT , Sherryl G.	2. ENEGO , Alvin John E.
3. NARVARTE , Bienvenida Lorna F.	3. MEDINA , Milagros D.	3. FABRO , Celsa C.
4. PONCE , Jackielyn D.	4. RASCO , Juana V.	4. FABRO , Nicereta G.
5. CARBA , Bernadita C.	5. DE SAGON , Esperanza Judy D.	5. FADRIGA , Amelia A.
6. ESPERANZA , Jane C.	6. CATUBAG , Rolan M.	6. GUILLERMO , Hydee D.
7. CIELO , Domingo Jr.	7. BALANOBA , Ashleymae	7. MERIDA , Agerico F.
8. BERONQUE , Agnes B.	8. NOBLEZA , Aliza Dianne D.	8. MERIN , Columba H.
9. GERONIMO , Alex P.	9. DE SAGON , Julie Ann A.	9. MUÑOZ , Marjorie C.
10. EÑEGO , Genevieve C.	10. ESTOY , Josefa V	10. NICO , Dinah
11. HONTOMIN , Alona Grace H.	11. INTERVALO , Emmylou G.	11. PONCIO , Maria Teresita M.
12. ABAS , Jane G.	12. INTERVALO , Myrna B.	12. PORLARES , Mary Joan F.
13. PAGADUAN , Babylyn A.	13. NICO , Nancy N.	13. REDONDO , Marie Gail A.
14. PELAEZ , Gladys Ann A.	14. NOBLEZA , Agnes M.	14. DITA , Edward E.
15. ALMEYDA , Liewellyn C.	15. ROBILLOS , Vincent C.	15. ANDAL , Mimie A.
16. BALIDAY , Stephanie A.	16. TELMO , Jeny Fe E.	16. ASA , Irvin S.
17. DELA CRUZ , Carol F.	17. CAMACHO , Jermemiah V.	17. BATA , Liwanrym
18. RAMOS , Nicey C.	18. ESTOY , Maria Jenivive B.	18. CANO , Cristeta
19. ALCAZAR , Necy A.	19. GORDO , Rowena B.	19. CANO , Maximo G.
	20. GUILLERMO , Marcon Joy R.	20. CANO , Rowena S.



JUNE 01 (THURSDAY)	JUNE 02 (FRIDAY)	
1. ESPERANZA , Jain C.	1. CULTURA , Gilbert B.	
2. ESPERANZA , Liezl C.	2. DIERRA , Jo-Ann D.	
3. FADRIGA , Valerio A.	3. DIERRA , Marina	
4. FAINZA , Darlene Mae A.	4. GARCIA , Fe V.	
5. GABILO , Roland C.	5. GARCIA , Myrna V.	
6. GARI , Reinerio H.	6. GARCIA , Jarah Denisse S.	
7. GECHA , Jackie Lou H.	7. GUTIERREZ , Kristine M.	
8. HABANA , Kristine G.	8. JALIQUE , Nimfa M.	
9. HORNEDO , Ricardo L.	9. LABRADOR , Rosenda G.	
10. HUBALDE , Eduardo	10. MERCADO , Florencio G.	
11. LEAL , Virginia I.	11. MINA , Ave D.	
12. MORO , Eraida Rina C.	12. PONCE , Rafael G.	
13. RAMOS , Byron C.	13. RICO , Nicomedes C.	
14. CABUGAO , Sherwin C.	14. BERNARAO , Cheryl C.	
15. RONINO , Evelyn D.	15. ENTELE , Jennifer G.	
16. VILLANUEVA , John Kenneth C.	16. GATO , Xyrza V.	
17. SALVA , Judith H.	17. SALENGUA , Jonnel A.	

INSTRUCTIONS FOR DIAGNOSTIC TESTS

1. Day before blood extraction:

- Take your dinner at your usual time.
- At **9:00 pm**, last meal of the day – take light meal or snack
- At **10:00 pm**, start of fasting – NO FOOD, WATER OR ANY BEVERAGES until morning

2. Day of blood extraction:

- Proceed to the BGH Laboratory Department from **6AM to 7 AM** for blood extraction
- You may take your breakfast after blood extraction

3. After blood extraction, proceed to Window 10 then Window 12.

4. Proceed to Window 7 (Radiology Department) for Chest X-ray and Ultrasound

(Only the first 10 patients can be accommodated per day for ultrasound, the rest shall be scheduled).

5. After claiming your official results, you can now schedule an appointment at the BGH-OPD (09611922900) for interpretation of results and medical check-up. You may also show to your doctor at the RHU accordingly to your municipality



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Bansang Makabata Batang Makabansa

Doc Code:	FM-ORD-005	Rev:	00
As of:	Jul 2, 2018	Page:	6